



**ADVANCED CARE PLANNING**

**Advance Directives  
PATIENTS 18 YEARS OR OLDER**

Advance care planning is making decisions about the healthcare you would want to receive if you're facing a medical crisis. These are your decisions to make based on your personal values, preferences, and discussions with your loved ones.

- Advance care planning includes:  
Getting information on the types of life-sustaining treatments that are available.
- Deciding what types of treatment you would or would not want should you be diagnosed with a life-limiting illness.
- Sharing your personal values with your loved ones.
- Completing advance directives to put into writing what types of treatment you would or would not want – and who you chose to speak for you – should you be unable to speak for yourself.

The term advance directive describes legal documents that enable you to plan for and communicate your end-of-life wishes in the event that you are unable to communicate, a living will and healthcare power of attorney. This section will describe advance directives, choosing and being a healthcare agent and preparing your advance directives.

Decisions about end-of-life care are deeply personal and are based on your values and beliefs. Talking with your loved ones, your healthcare providers, and even your friends are all important steps to make your wishes known. These conversations will relieve loved ones and healthcare providers of the need to guess what you would want if you are ever facing a healthcare or medical crisis.

Please check one of the statements that apply to you:

- I have an Advance Directive in effect and agree to provide a copy for my medical record.
- I do NOT have an Advance Directive in place. I have read and understood the information above on Advance Directives.

**PATIENT'S NAME:** \_\_\_\_\_

\_\_\_\_\_  
**PATIENT'S SIGNATURE**

\_\_\_\_\_  
**DATE**